

Taste and See  
Psalm 34

Review:

1. We need to remember what God has done for us in the past.
2. We need to trust God for the deliverance and the justice He has promised for today.
3. We need to cling to the cross of Christ, Who saved us, but only through His death.
4. As we walk the way of the cross, we should not be surprised if we are also called to suffer in this life.

Go Further: Read I Samuel 19:8-20:1; 20:24-34; 21:10-22:2

1. Who were David's enemies in I Samuel 19:8? How much success did he have against them?
2. In 19:9, how did David try to help Saul when a "distressing spirit" came upon him?
3. In 19:10, how did Saul reward David for his efforts?
4. In 19:11-14, in what ways did David's wife Michal try to help him?
5. Where did David seek help in 19:18?
6. What happened to the first group of messengers Saul sent to arrest David in 19:20?
7. What happened to the second and third groups of messengers Saul sent in 19:21?
8. What happened to Saul when he himself tried to arrest David in 19:23-24?
9. Where did David seek help after leaving Naioth in 20:1? What questions was he trying to answer?
10. What question did Jonathan ask Saul in 20:32?
11. How did Saul answer Jonathan in 20:33?
12. Why was Jonathan so upset with his father in 20:34? What does this tell us about Jonathan's loyalties?
13. Where did David go to get away from Saul in 21:20?
14. What did the people of Gath say about David in 21:11?
15. How did David alter his behavior in 21:13? Why do you think David did this?
16. What conclusion did Achish draw about David in 21:14? Does this help to explain why the Philistines did not try to kill David?
17. Where did David go in 22:1? Who went to join him there?
18. Who became David's first followers in 22:2?

Apply:

1. David sought help from his wife, from Samuel, and from his friend Jonathan, but none of them could ultimately protect him from Saul. Where do you look for help when you are in trouble?
2. Jesus was called the Son of David. How was David's experience in these passages similar to the way the authorities treated Jesus? How were Jesus' first followers similar to David's?
3. Thinking about David's experiences, how did God protect him during this difficult time in his life? How has God protected you in a similar way?
4. "God wants you to be healthy and happy." In the light of David's and Jesus' experiences, how true do you think this statement is?